



## I'LL DO IT MYSELF

### RATIONALE FOR ADVENTURE

The animal kingdom is made up of many different kinds of animal families. The job of parents is to protect the young until they learn how to take care of themselves. Young animals watch older animals and learn what to do. Taking part in these experiences helps to develop autonomy and independence and to test and try new things in a safe environment.



### TAKEAWAYS

- Learning skills by watching older siblings or adult partners
- Learning to take care of themselves and their personal belongings
- Increased autonomy among Lion Scouts

### CONNECTIONS WITH DESIRED OUTCOMES

- Character development
- Participatory citizenship
- Personal fitness

### REQUIREMENTS

1. Make and use a "Lion Scout" bag and hanger for personal Scouting gear.
2. Make a personal care checklist.
3. Practice tying shoelaces.

## MEETING 1 PLAN

**LION GUIDE NOTE:** While this is an elective adventure, you are encouraged to complete this early in the Lion Scout program. The personal care skills and creation of the Lion Scout bag will help boys be organized for their participation in Lion Scouts.

### PREPARATION AND MATERIALS NEEDED

- For Gathering: simple household materials (blocks, cups, cardboard boxes, dominoes, cards)
- For Activity 1: reusable grocery-type bag (one per Scout); decorations such as fabric, markers, and scissors
- For Activity 2: *Lion Adventure Book*, colored pencils
- For Activity 3: one shoe with laces per Scout
- Coordination with upcoming pack meeting

### GATHERING

- Stackathon: Using simple household materials (blocks, cups, cardboard boxes, dominoes, cards), challenge each Lion as he arrives to create the tallest stack by himself.



## OPENING

- Select a Lion to light the Good Conduct Candle.
- As a group, recite the Scout Oath with help from adult partners.
- Sing “I Like Bananas, Coconuts, and Grapes.” (See Meeting 1 Resources.)

## TALK TIME

- Carry out business items for the den:
  - Dues
  - Notification/reminder for the outing or pack meeting
  - Meeting information: Orient Scouts as to what to expect at this meeting.
- Allow time for sharing among Lion Scouts.
- Talk to the Lion Scouts about things they can do for themselves without being told, such as brushing teeth, putting toys away, feeding a pet, putting clothes away, and taking out trash.

## ACTIVITIES

### Activity 1: Lion Scout Bags

- Provide each Lion Scout with a reusable grocery-type bag to decorate with assistance from his adult partner. Decorations can be made of fun foam and glued on, drawn with markers, cut out of fabric and attached, etc. Cookie cutters provide easy patterns for drawing shapes on bags.
- Instruct Lion Scouts that this will be the receptacle for all their Scouting articles while not in use. Each Scout should hang his shirt on a hanger and put his *Lion Adventure Book* and belt inside the bag, hanging it on the same hanger.

### Activity 2: Personal Care Checklist

As a group, create a list of tasks a Lion Scout does for himself. Have each Lion Scout and adult partner use the list to create a personal care checklist for the Lion. Each Lion Scout will document what he does in the *Lion Adventure Book* at the close of the activity session.

### Activity 3: Tying Shoelaces

Give each Lion and adult partner one shoe with laces for practice in tying the laces. Celebrate success, and offer encouragement to those who are still learning.

### Activity Wrap-up

- Have Lions complete the task on the I’ll Do It Myself page of the *Lion Adventure Book*.

## CLOSING

- Form a circle and recite the Scout Law as a group.
- Have Lions yell “Do Your Best!” and do the Grand Roar.

## AFTER THE MEETING

- Ensure cleanup takes place.
- Serve refreshments, if desired.



## MEETING 1 RESOURCES

- Opening Song: “Bananas, Coconuts, and Grapes”  
I like bananas, coconuts, and grapes,  
I like bananas, coconuts, and grapes,  
I like bananas, coconuts, and grapes,  
That’s why they call me “Tarzan of the Apes.”  
*(The first three lines get progressively softer, and the last line gets progressively louder each time it is sung.)*

## MEETING 2 PLAN (DEN OUTING)

### PREPARATION AND MATERIALS NEEDED

- Select from the options below, and coordinate the activity and any items needed.

### GATHERING

- Gather and discuss appropriate behavior for the location you are visiting.

### TRANSPORTATION TO OUTING

- Submit a tour and activity plan if required by the local council.
- Communicate details for travel to destination. Parents and guardians are responsible for transportation.

### ACTIVITIES

Select from one of the following outing options to explore ways for the Lion to demonstrate his independence.

#### Option 1: Home-to-Home Visit

Visit one or more different homes (of den members, friends, or extended family).

- Have the Lion Scout greet his guests and show one of the chores he does at home to support his family.
- The host family might choose to set up the visit as a “Family Job Scavenger Hunt.”
  - o For this activity, Lions will be given a brief list of age-appropriate tasks that need to be discovered and completed around the house.
  - o Tasks could include setting the table (with tableware set out for the boys to find), making a bed, putting away toys, watering plants, and other simple duties.
  - o The Lions should take turns with tasks so each boy helps and they all work together to finish the hunt for family jobs.
  - o A fun and nutritious snack could be waiting for them at the end of the hunt. This could be made by the Lions.

**Option 2: Mini Golf or Bowling**

Visit a miniature golf course and play a round of golf or visit a bowling alley and go bowling. Encourage Lions to be responsible for their own equipment throughout the activity.

**Option 3: Children's Museum**

Visit a children's museum, and explore the "discovery area" that models community responsibilities (shopping, conducting business, etc.).

**Option 4: Grocery Store**

As a den, visit a grocery store and purchase items for a nutritious snack. Then, make and enjoy the snack together.

**AFTER THE OUTING**

- Present thank you notes to those who helped.
- Present Lions with a sticker to designate the completion of the I'll Do It Myself adventure.
- Have Lions put the sticker in their adventure book.
- Remind Lions and parents of next meeting time and location.
- Confirm plans for the next meeting with the host family and provide support as needed.

**TRANSPORTATION HOME**

- Follow details established during planning phase. Parents and guardians are responsible for transportation.